

Everyone deserves to breathe safely
Resilience 2026 brings science, policy, and solutions together.

ABOUT THE CONFERENCE



Day 1: Advancing the Science behind MCS

Day 2: Indoor Air Quality, Inclusion, Policy, and Global Movement

This two-day international event is dedicated to advancing scientific understanding, strengthening recognition of Multiple Chemical Sensitivity (MCS) as a disability, and accelerating meaningful inclusion across healthcare systems, workplaces, public spaces, and policy frameworks.

This project is funded in part by the Government of Canada's Social Development Partnerships Program



International Journal of *Environmental Research and Public Health*
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DATE

7-8

MONTH

MAY

TIME

9-5

PRESENTED BY



EHAC · ASEC



ASEQ - EHAQ



Council of Canadians with Disabilities



PRESENTED BY

THE ENVIRONMENTAL HEALTH ASSOCIATION OF CANADA AND
THE ENVIRONMENTAL HEALTH ASSOCIATION OF QUÉBEC

RESILIENCE 2026: INTERNATIONAL CONFERENCE ON MULTIPLE CHEMICAL SENSITIVITY (MCS)

Dates: Thursday, May 7 & Friday, May 8, 2026

Location:

Virtual conference hosted on Zoom

Day 1, May 7, 2026 – [Link](#)

Day 2, May 8, 2026 – [Link](#)

Conference Webpage: <https://ehac-asec.ca/resiliencemcsconference-2026/>

Registration: <https://ehac-asec.ca/resilience-registration-2026/>

Organization Website: <https://ehac-asec.ca/>

Accessibility Accommodations:

RESILIENCE 2026 is designed with accessibility at its core. Accommodations include:

- American Sign Language (ASL) and Langue de Signes Québécoise (LSQ)
- Communication Access Realtime Translation (CART) Captioning
- Simultaneous interpretation (English–French and French–English)
- Multilingual Zoom captions
- 100% Virtual Conference - To remove any physical barriers to attendance

Additional accessibility information will be provided in the Participant Guide.

ABOUT THE CONFERENCE

RESILIENCE 2026 builds on the growing momentum of last year’s event, reflecting significant advances in research, policy dialogue, and public awareness around Multiple Chemical Sensitivity (MCS), and indoor air quality.

This two-day international event is dedicated to advancing scientific understanding, strengthening recognition of MCS as a disability, and accelerating meaningful inclusion across healthcare systems, workplaces, public spaces, and policy frameworks. Since RESILIENCE 2025, important progress has been made in indoor air quality research, exposure science, and the recognition of fragrance sensitivity as a critical accessibility issue. RESILIENCE 2026 will highlight these developments while identifying the gaps that still demand imminent action.

The conference brings together a growing and increasingly global community of researchers, clinicians, disability advocates, policymakers, legal experts, indoor air quality specialists, and people with lived experience. Together, we aim to move beyond awareness toward implementation, accountability, and systemic change.

CONFERENCE OVERVIEW

DAY 1: ADVANCING THE SCIENCE BEHIND MCS

Day 1 reflects a comprehensive and evolving scientific program that brings together clinical, public health, and research perspectives to deepen understanding of Multiple Chemical Sensitivity (MCS). The day situates MCS within broader environmental health and accessibility frameworks, highlighting the growing recognition of chemical exposures as a critical factor in health, indoor air quality, and inclusion.

The program opens with introductory remarks from the Environmental Health Association of Canada and Québec (EHAC-ASEC / ASEQ-EHAQ), establishing the scientific, institutional, and human rights foundations of the conference, alongside perspectives from clinical leadership, public health, and research publishing that underscore the importance of advancing credible, evidence-based knowledge.

A key feature of the day includes insights from **Health Canada** on chemical risk assessment under national regulatory frameworks, providing important context on how chemical exposures are evaluated and managed. This is complemented by scientific presentations exploring biological mechanisms of MCS, including emerging research on causation, receptor sensitivity, and genetic variability.

Presentations throughout the day will explore:

- Current epidemiology and prevalence trends of MCS in Canada and internationally
- Biological mechanisms, including genetic susceptibility and environmental triggers
- Clinical realities of MCS, including barriers to diagnosis, care, and treatment
- Interventions to prevent, manage, and treat MCS, informed by current research evidence
- Applied perspectives across healthcare settings, including dentistry and nursing
- Research gaps, funding limitations, and opportunities for interdisciplinary collaboration

DAY 2: ADVANCING POLICY, PRACTICE, AND INCLUSION

Day 2 builds on the scientific foundation of Day 1 by focusing on how knowledge can be translated into meaningful action across policy, legal systems, healthcare, and everyday environments. The program emphasizes the importance of creating healthier indoor spaces, reducing harmful exposures, and strengthening accessibility through coordinated, system-level change.

The day begins with opening perspectives from the Environmental Health Association of Canada and Québec (EHAC-ASEC / ASEQ-EHAQ), alongside clinical leadership and research publishing, reinforcing the importance of collaboration across sectors and the role of evidence in driving change.

RESILIENCE 2026

A key feature includes further insights from **Health Canada** on chemical risk assessment frameworks, highlighting how regulatory approaches shape exposure standards and public health protections. This is followed by an international segment showcasing global progress, shared challenges, and collective efforts to advance recognition and inclusion for individuals affected by multiple chemical sensitivity (MCS).

Presentations throughout the day will explore:

- International progress and collaboration on MCS and environmental health
- Legal frameworks, case law, and barriers to accessing justice
- Practical strategies for advancing workplace and disability-related claims
- Educational tools and public health approaches to reducing chemical exposures
- Environmental and societal drivers of widespread chemical exposure
- Clinical and lifestyle approaches to managing symptoms and improving quality of life
- Community-based research and initiatives supporting accessibility and inclusion

A strong emphasis is placed on real-world application, including strategies to reduce exposures in indoor environments, improve access to services, and empower individuals through education and policy change. The program also highlights emerging research and community initiatives focused on indoor air quality, accessibility, and the removal of systemic barriers.

STAY CONNECTED

Please visit the conference website and follow us for updates:

 [RESILIENCE 2026 : International Conference on Multiple Chemical Sensitivity \(MCS\)](#)


Thank you for your continued commitment to advancing environmental health, accessibility, and inclusion. We look forward to welcoming you to RESILIENCE 2026 as we continue building a healthier, more equitable future for people affected by MCS worldwide.


Warm regards,

THE RESILIENCE 2026 CONFERENCE TEAM



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