
On the Frontlines

Dear Members and Friends,

Happy June!

As we move forward from Multiple Chemical Sensitivity (MCS) Awareness Month, we want to sincerely thank every one of you who stood with us, shared your stories, attended events, contacted decision-makers, lit up landmarks across Canada, and helped bring visibility to a disability that has remained invisible for far too long.

May 2026 was a powerful month for our community. Together, we hosted RESILIENCE 2026, our international conference on MCS; celebrated MCS Awareness Day across Canada; discussed MCS through a human rights lens; and continued building momentum for change through research, advocacy, and public education.

RESILIENCE 2026 reflected the strength and growth of this movement. Over two days, more than 1,500 participants joined us from 27 countries, demonstrating growing international recognition of MCS, accessible indoor air, and the urgent need for healthier, more inclusive environments.

Most importantly, new 2025 Statistics Canada data now suggests that approximately 3.1 million Canadian adults may be living with Multiple Chemical Sensitivity. These numbers reinforce what our community has been saying for decades: this is not a rare issue, and the time to act is now.

The recent United Nations Convention on the Rights of Persons with Disabilities (UN CRPD) Concluding Observations on Canada also recognized MCS as an important disability and accessibility issue. We encourage everyone to visit our UN CRPD page, listen to the powerful message from Paul-Claude Bérubé, and continue standing up for your rights:

<https://aseq-ehaq.ca/en/un-crpd-concluding-observations-on-canada-multiple-chemical-sensitivity-mcs-and-what-you-can-do/>

If you are denied access, accommodation, healthcare, housing, education, or employment because of MCS, please keep us informed. Your experiences matter and help strengthen advocacy efforts across Canada.

We also encourage you to watch and share the videos from our Accessible Air in the Built Environment research project:

<https://aseq-ehaq.ca/en/accessible-air-in-the-built-environment/>

These videos help communicate the growing science around indoor air quality, fragrance-free environments, source control, accessibility, and the importance of creating healthier spaces for everyone.

Upcoming Events

- 1. National AccessAbility Awareness Week - The Air We Share: Why Indoor Air Quality and Scents Matter for Accessibility**
June 8, 2026 | 12 - 1:30 pm EST

Join us for a discussion on indoor air quality and its impact on accessibility and participation in public spaces, workplaces, educational institutions, and other environments. Based on the United Nations Convention on the Rights of Persons with Disabilities, accessibility law, and emerging science, the session will examine biological sensitization and fragrance-free methods to build more inclusive, healthy communities.

[Register Now](#)

- 2. June Open House: Finding Strength in the Face of Retaliation**
June 26, 2026 | 2-4 pm EST

Our monthly open house is a safe space for individuals to come together, discuss important and relevant topics related to MCS, and build a sense of community. Feel free to join us for our upcoming June event, *Finding Strength in the Face of Retaliation*, as someone living with MCS.

Our French session will be from 2-3 pm EST, followed by English from 3-4 pm EST.

[Register Now](#)

Pamphlets

We are pleased to offer printed pamphlets on MCS-related topics for personal learning, community outreach, workplaces, events, or client education.

You can view these resources here: <https://aseq-ehaq.ca/en/pamphlets/>.

If you would like to receive these printed materials **by mail**, please take a moment to complete this form: <https://forms.gle/b6rRJ9axxWbc1zbn8>

Please note that mailing is available within Canada only.

Become a Member

Want to support our mission even further? Consider becoming a member of the ASEQ & EHAC.

Your membership helps support education, advocacy, research, and resources for people living with MCS while helping build healthier, more accessible environments for all.

Membership is just \$10 for life and includes access to environmental health resources, newsletters, workshops, and more.

Learn more or become a member here: <https://aseq-ehaq.ca/en/take-action/become-a-member/>

As always, thank you for your courage, advocacy, and continued support. Change is happening because people across Canada are speaking up, supporting one another, and refusing to remain invisible.

Together, we will continue working toward accessible air, safer environments, dignity, and full inclusion for all people living with MCS.

Sincere thanks and our warmest wishes,,

Rohini Peris
President & CEO

Michel Gaudet
Executive Director