



Selected References and Evidence Base

Multiple Chemical Sensitivity (MCS)

American Medical Association. (2025). *Policy H-135.902: Fragrance sensitivity*.

Recognizes fragrance sensitivity as a condition that may limit major life activities and supports fragrance-free policies, ingredient transparency, research, and clinical awareness.

<https://policysearch.ama-assn.org/policyfinder/detail/%22Fragrance%20Regulation%20H-135.902%22?uri=%2FAMADoc%2FHOD.xml-H-135.902.xml>

Canadian Human Rights Commission. (n.d.). *Policy on environmental sensitivities*. Government of Canada.

Recognizes environmental sensitivities, including multiple chemical sensitivity, as a disability and identifies scent-free and low-toxicity environments as required accommodations.

<https://www.chrc-ccdp.gc.ca/resources/publications/environmental-sensitivities-and-scent-free-policies>

Statistics Canada. (2000–present). *Canadian Community Health Survey (CCHS): Multiple chemical sensitivity*. Government of Canada.

Population-level data indicate that **over 1.13 million Canadians have been diagnosed with multiple chemical sensitivity**.

Summary available at: <https://aseq-ehaq.ca/en/mcs-statistics/>

United Nations Committee on the Rights of Persons with Disabilities. (2025). Concluding observations on the combined second and third periodic reports of Canada.

https://tbinternet.ohchr.org/_layouts/15/treatybodyexternal/Download.aspx?symbolno=CRPD%2FCAN%2FCO%2F2-3&Lang=en

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Molot, J., Sears, M., & Anisman, H. (2023, February 28). Multiple chemical sensitivity: It's time to catch up to the science. SSRN. <https://doi.org/10.2139/ssrn.4373616>

Note: click [here](#) to view the full report from the AMA's Council on Science and Public Health. The AMA's stance on fragrance is listed under the Resolution 501-A-24 and can be found in the pages 749–783.

A joint initiative of the Environmental Health Association of Canada (EHAC-ASEC) and the Environmental Health Association of Québec (ASEQ-EHAQ).