

# **ECO - BULLETIN**

August 2025

# Welcome to the August Edition of "Eco-Bulletin"!

As the warmth of summer continues, we're reminded of the importance of fresh air, safe spaces, and communities where everyone can thrive. This month's edition brings you exciting updates, meaningful ways to get involved, and a look at what's ahead in our shared journey toward environmental and social well-being.

## Insights and Impact of the MCS Conference - Recap

The Post Resilience follow-up event, held on June 27, 2025, was a powerful reflection on the impact and momentum of the original Resilience: International Conference on Multiple Chemical Sensitivity (MCS). Over 70 participants from across Canada and around the world gathered virtually to revisit key insights from the conference.

The follow-up session offered a space to reconnect, share updates, and introduce a new online resource portal <u>on our site</u>, featuring recorded sessions, toolkits, and policy briefs. Several findings from recent studies were shared, shedding light on the health impacts of poor indoor air quality, the effectiveness of scent-free policies, and the systemic barriers still faced by individuals with multiple chemical sensitivity (MCS). Attendees engaged in thoughtful discussions about next steps for collaboration across environmental health, disability rights, and accessibility, reinforcing a shared commitment to creating healthier, more inclusive spaces for all.

## Indoor Air & Accessibility: New Webinar Series Launching This Fall

This September, we're launching a four-part virtual series dedicated to the connection between indoor air quality and accessibility. If you've ever wondered what it means for a space to be truly safe and inclusive, these sessions are for you.



# Barriers to Accessible Indoor Air Sept. 26, 2025 | 1:00 PM - 2:15 PM ET

We'll begin by examining the real-life obstacles people face when indoor environments aren't designed with scent-free and accessibility practices in mind. Insights from national focus groups and workplace air quality reviews will drive this critical conversation.

#### Register Here

# Consequences of Inaccessible Indoor Air: Social and Health Impacts Oct. 24, 2025 | 1:00 PM - 2:15 PM ET

The second webinar will explore the serious effects of inaccessible air, including physical health challenges and social isolation. Through data and personal narratives, we'll shed light on how this issue impacts daily life for many.

# **Register Here**

# Evidence-Based and Inclusive Strategies to Improve Indoor Air Quality Nov. 28, 2025 | 1:00 PM - 2:15 PM

This session will focus on practical, evidence-based approaches to improving indoor air while prioritizing accessibility. Hear from researchers and community members about what's been effective and where we go from here.

#### Register Here

## Speak Up, Share Your Story

Your experiences can drive real change. If you're living with MCS or have faced obstacles in everyday spaces, consider contributing to our <u>Your Story, Your Power</u> campaign or writing a guest post for our <u>Eco Empowerment</u> blog. By speaking up, you help raise awareness and inspire action.

### Let's Build a Stronger Network



Become a member of EHAC-ASEC and you will join a growing collective of individuals dedicated to healthier, more inclusive environments. Members get access to exclusive updates, opportunities to collaborate, and ways to influence future programming. We also welcome your voice in <u>our survey</u>, whether you have MCS or simply want to support accessibility and health for all.

Thank you for your continued support and commitment.

Wishing you a safe and inspiring August!