

News - September 2025

Dear Members and Friends,

As we enter September and the transition from summer begins, we want to thank you for being an essential part of our community. Your strength, voices, and commitment to safer, healthier, and more inclusive spaces inspire everything we do.

This month, we encourage you to take time to rest and nurture your well-being, whether through preparing nourishing meals, maintaining a least-toxic home, or simply enjoying quiet moments with loved ones.

Our work continues to focus on advocacy and support for those living with Multiple Chemical Sensitivity (MCS). We invite you to join our upcoming events this fall, where together we can raise awareness, strengthen community, and build more accessible spaces for all.

You are Invited:

1. Voices of Resilience – Replay & Reconnect: A Resilience Series

We are delighted to welcome you to this special series, created especially for our community. *Replay and Reconnect* will feature selected presentations from the **Resilience Conference**—both for members who could not attend and for those who wish to revisit key moments. These sessions are also an opportunity to spark meaningful community dialogue and exchange ideas together. Everyone is welcome.

You can learn more about the series and easily add all dates to your calendar by [clicking here](#). For your convenience, there is [one registration link for all events](#).

The events will take place on **Fridays from 6:30 to 7:45 PM (EST)**.

We truly hope you will join us—not only to watch these presentations, but also to share your insights, reflections, and vision for the future. Your voice is central to this conversation.


2. Our Upcoming Webinar Series on Indoor Air Quality Accessibility

We are committed to building a Canada where clean indoor air is recognized as a fundamental right—particularly for those living with MCS. This mission drives our upcoming four-part webinar series, “*Accessible Air in the Built Environment*”, where we’ll share key findings from our national research project funded by Accessibility Standards Canada.

This free series will highlight the barriers to indoor air accessibility, the health impacts of poor air quality, and practical, evidence-based strategies for creating safer, more inclusive spaces. We warmly invite you to join us for the sessions below:

Webinar 1: Barriers to Accessible Indoor Air

September 26, 2025


 1:00 – 2:15 PM ET

To advance accessibility in Canada, ASEQ-EHAQ conducted research to identify barriers to accessible indoor air through focus groups and assess the effectiveness of scent-free policies in improving indoor air quality by conducting indoor air testing in workplaces across Canada. Join us for this first webinar in a 4-part series, which will focus on the barriers to accessible indoor air.

 **Register:** [Click here to join](#)

Webinar 2: Consequences of Inaccessible Indoor Air – Social & Health Impacts

October 24, 2025


 1:00 – 2:15 PM ET

Building upon the first webinar that covered the barriers, this second webinar aims to explore the effects of these barriers on individuals with disabilities. From physical and health impacts to social impacts, the project’s quantitative and qualitative dimensions are presented, offering a holistic view of the impacts of a lack of accessibility for vulnerable populations.

 **Register:** [Click here to join](#)

Webinar 3: Evidence-Based and Inclusive Strategies to Improve IAQ

November 28, 2025


 1:00 – 2:15 PM ET

The series of webinars continues with a third webinar, presenting emerging solutions to improve indoor air and accessibility. Focus group findings will highlight the most frequently discussed solutions by study participants (individuals with disabilities), and the quantitative dimension will offer evidence-based solutions.

 **Register:** [Click here to join](#)

Webinar 4: Series Wrap-Up and Open Discussion

January 30, 2026

 1:00 – 3:00 PM ET

To conclude this series, the final webinar will provide an overview of past webinars, summarizing the findings and their interconnections. The second part of the webinar will host a panel discussion and open the floor to questions, comments, and welcome participant inclusion.

 **Register:** [Click here to join](#)

We hope to see you at these events!

We encourage you to share this information with your networks. Stay connected for upcoming community activities—we have much more to share together

Do you have a story to share?

[Your experience matters](#). Whether anonymous or named (your choice!), we'd be honoured to feature your story on our platforms. When stories are shared, they make a difference.

As always, thank you for your continued support.

Take care and be well.



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