

Welcome to the January Edition of the “Eco-Bulletin”!

Happy New Year! As we step into 2025, we’re excited to share updates, events, and resources that champion the rights and well-being of individuals living with Multiple Chemical Sensitivity (MCS). Together, let’s continue building safer, more inclusive environments for all.

Save the date for [RESILIENCE: International Conference on Multiple Chemical Sensitivity \(MCS\)](#), happening virtually on **May 1 and 2, 2025**. This inspiring event will feature expert speakers, advocates, and individuals with lived experiences sharing strategies for navigating life with MCS, fostering resilience, and building supportive communities. Don’t miss this opportunity to connect, learn, and contribute to a movement advocating for awareness and accessibility for all.

We’re excited to share an important opportunity to contribute to inclusive housing! The [Accessible Ready Housing Standard](#) is now open, and your input is invaluable. This initiative focuses on developing housing standards that prioritize accessibility, making homes safer and more inclusive for individuals with disabilities, including those with Multiple Chemical Sensitivity (MCS). Your participation will help shape the future of accessible housing in Canada. Visit [our site](#) to learn more and provide your feedback before the review period closes. Let’s work together to advocate for housing solutions that meet the needs of everyone in our communities!

We are reposting this since the survey is coming to a close: Did you know? Fragrance sensitivity, a condition affecting millions globally, can lead to issues like dizziness, migraines, and asthma. This survey, created with input from the MCS support group in Rosenheim and led by Professor Dr. Ursula Klaschka from the University of Applied Sciences, Ulm, takes 15 minutes, is anonymous, and is open to all. By sharing your



experiences, you'll help us advocate for greater awareness and support for those affected. Feel free to [take the survey here](#). Thank you for participating!

Your voice matters! Share your experiences with MCS for our [Your Story, Your Power](#) series, contribute articles to our blog [Eco Empowerment](#), or highlight resources and initiatives promoting MCS and environmental awareness in your community. Together, we can inspire meaningful change.

Additionally, if you have MCS, we invite you to [complete our survey](#), designed to better understand and support the MCS community. If not, your feedback is still invaluable. Please complete [this survey](#) and help us shape a more inclusive future.

Join the [EHAC-ASEC family](#) and become part of a dynamic network of over 2,000 individuals dedicated to safeguarding human health and the environment. Have questions or ideas? We'd love to connect with you!

Wishing you a happy, healthy, and eco-conscious New Year!