

### Welcome to our November edition of “Eco-Bulletin!”

This month, we’re excited to share updates, upcoming events, and new resources focused on advancing the rights and well-being of those affected by Multiple Chemical Sensitivity (MCS). Join us in fostering environments that are safer and more supportive for all.

We’re excited to invite you to our fast-approaching national event, hosted in collaboration with the Environmental Health Association of Québec (EHAQ). This virtual event, ***Breaking Barriers: Advancing Accessibility and Human Rights for People with Multiple Chemical Sensitivity (MCS)***, will take place on **November 21, 2024, from 1:30 to 4:30 PM EST** via Zoom.

Join us to explore:

- **Personal Stories of MCS:** Hear powerful lived experiences shared by MCS advocates, including a special surprise guest who is a well-known Canadian public figure.
- **Expert Speakers:** Gain insights from the CEO of Accessibility Standards Canada, a representative from the Canadian Human Rights Commission, and three expert lawyers, including one with a notable record of winning MCS-related cases.
- **Panel Discussion:** A closing panel will discuss efforts and strategies for enhancing MCS inclusion and accessibility across Canada.

This event promises to be an engaging and informative experience for anyone invested in advancing accessibility and human rights for those with MCS. Reserve your spot today [here!](#)

We also recommend tuning in to our new podcast, ***Footprints and Impacts***. The first episode, ***Navigating MCS***, hosted by Rohini Peris and Rosa Lacono, dives into the challenges people with Multiple Chemical Sensitivity face every day and explores ways to improve accessibility. It’s a great listen for anyone looking to understand more about MCS. Check it out [here!](#)



Did you know? Fragrance sensitivity, a condition affecting millions globally, can lead to issues like dizziness, migraines, and asthma. This survey, created with input from the MCS support group in Rosenheim and led by Professor Dr. Ursula Klaschka from the University of Applied Sciences, Ulm, takes 15 minutes, is anonymous, and open to all. By sharing your experiences, you'll help us advocate for greater awareness and support for those affected. Feel free to [take the survey here](#). Thank you for participating!

As always, we encourage you to share your experiences for our "[Your Story, Your Power](#)" [section](#), submit articles for our blog, [Eco Empowerment](#), or share resources related to multiple chemical sensitivity and environmental awareness in your province if you so please.

Do you have Multiple Chemical Sensitivity (MCS)? Your experiences are invaluable to us! Please take a few moments to [complete our survey](#) and help us better understand and support the MCS community. If you don't have MCS, your feedback is still appreciated. Please take a moment to fill out [this survey](#) and share your thoughts.

Feel free to [join the EHAC-ASEC](#) and become part of a passionate community of over 2,000 citizens dedicated to protecting human health and the environment. Please [contact us](#) if you have any further requests or inquiries!