

### Welcome to the EHAC-ASEC's first newsletter 'Eco Bulletin'!

Canada's first national group advocating for multiple chemical sensitivity (MCS), aims to promote equity, inclusion, and accessibility in all areas for individuals with MCS by advancing education and striving to eliminate the poverty, isolation, and discrimination faced by this community.

Whether you're a long-time supporter or a new friend, we extend a warm welcome to each and every one of you. Our aim is to create a vibrant community where stories, ideas, and experiences can be shared and celebrated.

In every edition, you'll find a mix of inspiring articles, community highlights, upcoming events, and valuable resources. We're committed to bringing you content that not only informs but also engages and connects us all.

If you have a story or experience to share, feel free to submit it to us to be featured in our new [Your Story, Your Power](#) section. We believe that every story has the power to inspire, connect, and transform. Your stories can stay completely confidential if you wish to do so. By sharing your personal experiences, you not only give voice to your own journey but also offer a beacon of hope and understanding to others.

You are encouraged to write and submit articles for our blog, [Eco Empowerment](#). By writing a blog, you not only express yourself but also help us build a richer, more diverse community. Don't miss this opportunity to be heard, educate others, and make a difference.

If you know of any resources related to multiple chemical sensitivity and environmental awareness in your respective province, please feel free to share them with us.



You are also invited to join the EHAC-ASEC, and become part of a passionate community of over 2,000 citizens dedicated to protecting human health and the environment. By becoming a member [here](#), you can amplify the voice of those experiencing multiple chemical sensitivity and contribute to ensuring a clean and safe environment for future generations. Charitable receipts will be given for all donations (except for \$10 membership dues), as we are a Canadian registered charity, under the **Canadian Registration Charity No. BN 74543 0801 RR0001.**

If you wish to have a workshop on multiple chemical sensitivity for your workplace or any other venue, we can arrange for this. For this request, as well as any other inquiries, please [contact us](#).

Thank you for being a part of this journey. We look forward to growing and thriving together with you!